



Dana Baruch

Certified Life Coach, Organizational Consultant, Community Leader, Teacher

Certified Life Coach

I am proud to have received my formal coach training and certification from The Life Coach School, masterfully led by Brooke Castillo. I particularly enjoy working with women and men wrestling with challenges in their lives--parenting, work, relationships, life-stage transitions. My work revolves around helping people learn how to get clear about and learn to manage their thoughts, feelings and actions, so they can live fully and gracefully with whatever shows up in their lives.

Organizational Consulting

I am honored to do consulting work with nonprofit and educational organizations. My particular areas of interest include planning, leadership development, the Board Chair - Professional Executive partnership, executive coaching, retreat design and facilitation.

Some current and past clients include: Congregation Agudas Achim-Austin, Austin Jewish Academy, The Texas Observer, Urban Roots, Keep Austin Fed, the New Media Consortium, UT Schusterman Center for Jewish Studies, UT Child Care Center, JCC Early Childhood Programs (Chicago and Austin), Kivunim New Directions Gap Year Program, Kivunim Summer Institute for Jewish Day Schools educators, The Melton School of Adult Jewish Education, The Charles E. Revson Foundation (Jewish Media Fund), True Nature Education.

Community Work

I have 25+ years of experience leading, guiding and consulting in community-based and educational organizations, from small start-up non-profit organizations and early childhood centers to top tier research universities. I am the Founder and founding Board Chair of the Austin Jewish Academy. I currently serve on the boards of Hebrew Free Loan of Austin and the Schusterman Center for Jewish Studies at the University of Texas at Austin, and I am a member of the Past-President's Council of Shalom Austin and an emeritus member of the Challah for Hunger board of directors.

Teaching

One of my favorite roles in life is that of "educator". My first career was teaching young children and college students about all areas of early childhood education. Currently, my teaching focus is primarily adult Jewish education: Introduction to Judaism, Jewish History, Women in the Bible, Jewish Holidays,

etc. My goal is always to help people find personal relevance and delight as they engage in meaningful intellectual and spiritual exploration of our age-old and very contemporary history and traditions.

My Education and Background

I received a Master of Education from Tufts University and a BA in Psychology from the University of Michigan. Born and raised in the Detroit area, I lived in Boston and the San Francisco Bay Area before moving to Austin, TX with my husband and two (now grown) children. Our sons continue to inspire us and teach us how to be their parents, even as we shift into adult relationships with them. I am fortunate to have my mom in my life, as well as many brothers and sisters, and relatives all over the world. I am also grateful to have a fabulous family of friends. I love to read, travel, ponder on long walks, work out, explore, eat really good food, and create opportunities for joyful learning.)

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